

# Footwear Size Guide

## Sizes

UK Adult	Euro Size <sup>34</sup>
1	34
2	35
3	36
4	37
5	38
6	39
6.5	40
7	41
8	42
9	43
10	44
10.5	45
11	46
12	47
13	48
14	49
15	50
16	51
17	52

Safety at work should be a priority for any employer, especially in environments that pose a number of hazards to workers that can lead to foot injuries. Safety shoes offer protection from punctures, cuts, burns, heavy impact and more. Safety boots also offer grip when walking on slippery or uneven surfaces, helping to prevent slips and falls which can lead to more serious problems such as broken bones and head injuries.

If your footwear isn't comfortable it becomes more likely to cause injury or lead to accidents. When you're on your feet the last thing you want is a heavy and uncomfortable pair of boots tiring out your legs and feet. Wearing a comfortable, well-fitting and supportive pair of lightweight safety boots can help to prevent fatigue.

Don't assume that you will always wear the same size in a shoe. Often manufacturers size shoes differently. The size you wear with one company may not be the same as the size you wear with another.

